

“Learning to Trust and Obey”  
*Exodus 16*

Opening Question(s) – Choose (a) or (b)

- a) What’s the last time you served (or were served) some new dish and your family (or you) asked, “What is it?”
- b) What food could/do/did you eat every day?

Discussion Questions

- 1) **Read Exodus 16.** What displays of God’s power have the Israelites all seen in recent months?

Why do you think the people could complain so bitterly so soon? If they hadn’t “grumbled”, would God have heard them?

- 2) If you were Moses, how would you have responded to the people’s complaints? How does God respond to the people’s complaints (vv.4-12)?
- 3) What were the promises and requirements associated with God’s provision of the quail and manna? Why allow some to gather much and some little (vv.16-18)?
- 4) Why provide food that lasts only one day (vv.19-21)? Why make an exception on the sixth day (v.22)?
- 5) What lesson(s) do you think was God teaching Israel through these experiences?
- 6) Recall a time in your life when you were in great need and the Lord provided for you. What difference did that experience make in your life? In your relationship with God? With others?
- 7) What do you think was God’s reason/purpose for the Sabbath? Why didn’t everyone keep it?
- 8) What personal & public value do you see in keeping the Sabbath?  
  
What Sabbath practices or activities do you value (or miss) most?
- 9) How did Moses do to make sure they all remembered this lesson?  
  
What permanent reminders of God’ provision do you have in your home or church or workplace?
- 10) How can this group support you (in prayer, etc.) now and in the coming week?